

Field Trips, March 12 through April 11, 2020. Scheduler: Carla Barbaro, cbarbaro@comcast.net, 916-717-8808.

Saturday, March 14, 7:30am

Cosumnes River Preserve

Leader: Mike Heacox, 916-972-1809

mikezots@gmail.com

Waterfowl will be migrating north shortly, so take this opportunity to check out the wide variety of ducks and geese who winter at the preserve. Yellowlegs, Wilson's Snipe and other shorebirds are possible depending on the seasonal pond levels and Marsh Wrens, Black Phoebes and Yellow-rumped Warblers should be active. Mike will walk the Wetlands Walk loop, 1-1/2 to 2 miles. This is a great trip for beginners. From Sacramento, take I-5 south to Twin Cities Road, Exit #498; go left (east) to the stop sign at Franklin Blvd; turn right (south) on Franklin and, driving through the Preserve, watch for the Visitor Center parking lot on your left. Further directions and maps are available at www.cosumnes.org. Rain cancels the trip.

Sunday, March 15, 8am

Sailor Bar, American River Parkway

Leader: Darrell Mohr, 916-225-3999

mohrdd@gmail.com

Join Darrell for a morning walk checking out the local birds. Possible birds include Phainopepla and California Quail. This is a good trip for both beginners and experienced birders. Sailor Bar is at the south end of Illinois Avenue, off Winding Way just west of Hazel. Meet at the last parking lot on your left, just before the boat launch parking area. A Sac County Park Pass or \$5 entry fee is required for all vehicles.

Monday, March 16, 8am

Glenn Hall Park, Paradise Beach

Leader: Mark Sawyer, 916-968-1661

Marksawyer3383@yahoo.com

Join Mark for a morning bird walk along the levee and willow covered sand bars of the American River. Mark will be looking for migrants and resident breeding birds, wrens, towhees, and other small passerine birds. From H Street, (north side of Sac State University), take Carlson Ave north till it crosses Sandburg and dead ends into the park.

Saturday, March 21, 9am

Family Friendly Trip!!!

Folsom Lake, near Rattlesnake Bar

Leader: Sandra Steurer, 916-580-8398

sasteurer@yahoo.com

This is a great spot for family members of all ages and a good time to find a nice variety of birds. Join Sandra on a 1 to 2 mile walk in the oak woodlands with views of the lake, to search for the Yellow-breasted Chat, in addition to specialty birds such as Phainopepla, Rock Wren and Rufous-crowned Sparrow. Meet at Flower Farm on the corner of Horseshoe Bar Road and Auburn-Folsom Road, for voluntary ride-sharing or carpooling to the entrance of the park. Park entrance fee is \$12 per car. The trip will end before noon. **Please email or text leader if you are coming.**

Sunday, March 22, 7:30am

Putah Creek Preserve

Leader: Mark Martucci, 916-833-6722

matuchbirdman@yahoo.com

This is a great area to find a variety of late wintering birds as well as early migrants. Take I-80 West to Pedrick Rd. (2nd exit west of UC Davis) Turn right, go north for about a mile. The parking lot for the Putah Creek preserve is immediately on the left after the bridge over the creek. This hike has up and down hills, uneven terrain and may be wet and muddy.

Thursday, March 26, 8am

Yolo Bypass Wildlife Area

Leader: Ed Harper, 916-971-3311

calidris@surewest.net

Join Ed at this great birding area between Sacramento and Davis. Depending on the extent of flooded fields on the auto tour route, there may be good numbers of shorebirds and waterfowl as well as raptors. From Sacramento on I-80 west, take the first exit at the west end of the Yolo Causeway, East Chiles/Rd 32A, Exit #78. Turn right at the stop sign, go under the freeway, make a left up onto the levee; then drop down into the Wildlife Area. The trip begins at the first parking lot, Lot A, on your left. FRS radios can be helpful on this trip.

Saturday, March 28, 8am

Sacramento Bar

Leader: Stan Hunter, 530-902-8462

Stanton.hunter@gmail.com

On this morning walk along the American River, you will see, and hear, a nice variety of resident birds and maybe a few early spring migrants. Possibilities include Phainopepla and Blue-gray Gnatcatcher. This is a great trip for beginning and more experienced birders. From Highway 50, drive north on Sunrise Blvd; turn left on Fair Oaks Blvd and take the first left on Pennsylvania and follow it into the park. A Sac County Park Pass or \$5 entry fee is required for all vehicles.

Sunday, March 29, 7:30am

Mather Lake

Leader: Wayne Blunk, 916-206-3767

Wayne.Blunk@gmail.com

Mather Lake can be a hotspot for birding, with a variety of possibilities. Join Wayne to look for a nice variety of resident and migrant birds. Possibilities include White-tailed Kites, California Quail, American Bittern, Green Heron and Common Yellowthroat. Meet in the parking lot of Mather Regional Park; from Highway 50, go south on Zinfandel about 2-1/2 miles. After crossing Douglas Blvd. take the first left into the park area. There is a \$5 per car entrance fee; your Sac County Parkway pass is valid here. This is a wonderful trip for beginning and more experienced birders.

Monday, March 30, 8am

Effie Yeaw Nature Center

Cathie LaZier, 916-502-2699

empid77@gmail.com

This area of the parkway is excellent for birding and Cathie will be looking for early nesting birds and returning migrants, as well as wild cucumber, giraffe's head and Dutchman's pipevine. This is a very good trip for beginners, as well as more experienced birders. Meet in the Nature Center parking lot in Ancil Hoffman Park in Fair Oaks. The trip will end by noon. A Sac County Park Pass or \$5 entry fee is required for all vehicles.

Saturday, April 4, 8am

Bodega Bay

Leader: John York, 530-320-4751
Johnyork157@yahoo.com

Join John for a full day of birding around Bodega Bay, taking in a variety of habitats. Plan to see waterfowl, shorebirds, gulls and raptors. Meet John at the Park & Ride off I-80 in West Sacramento. From Sacramento, take the West Capitol Ave. Exit #81; turn left at the light and then left again into the Park & Ride lot. Bring fluids and dress for changeable weather. John is planning to stop for lunch in Bodega Bay.

Sunday, April 5, 8:30am

Family Friendly Trip

Bushy Lake

Leader: Ben Graber, 916-844-8682

Bgraber984@gmail.com

Meet Ben in the cul-de-sac at the south end of Ethan Way, just south of where Hurley Way goes into Gate 12 of Cal Expo. He will be looking for a variety of resident species and Wood Ducks are a good possibility on the lake. This will be a 1 to 2 mile hike that will take 2 to 3 hours. Bring water and sunscreen. This is a good trip for beginners and more experienced birders.

Sunday, April 5

Beginning Birding Field Trip

William Pond Park

These beginners' field trips are designed to introduce new birders to the fun of birding. Limited to 10 adults per trip with 3 Audubon trip leaders, it's a low-key introduction to finding and identifying birds. On this trip we'll talk about habitat, field marks and bird behavior as we look at individual birds. Registration is required. Contact Cathie LaZier at empid77@gmail.com; put Beginning Birder in the subject line.

Wednesday, April 8, 8am

River Bend Park

Leader: Dan Brown, 916-704-0951

naturestoc@aol.com

Meet at the 1st parking lot on your right, just past the entrance kiosk. We'll walk through the oak woodland and over to the river, looking for small woodland birds and woodpeckers. We sometimes have good looks at Red-shouldered Hawks or Great Horned Owls. Walk will end by noon, and it's a great walk for beginners. From Folsom Blvd., between Bradshaw and Mather Field Road, take Rod Beaudry Drive north into the park. A Sac County Park Pass or \$5 entry fee is required for all vehicles.

Saturday, April 11, 8am

Effie Yeaw Nature Center/Ancil Hoffman Park

Leader: Rich Howard, 916-203-0952

rhowarda@gmail.com

Let's go on an "Easter Egg Hunt." This trip is scheduled a day before Easter and a week after ARNHA's Bird and Breakfast event, when Sacramento Audubon volunteers find and map nests at the Effie Yeaw Nature Center. We will use that map to find as many nests and oak woodland birds as we can, then move into Ancil Hoffman Park to see more open country birds (Yellow-billed Magpies, Western Bluebirds). We will also be on the lookout for water birds on the American River and Spring migrants. From California Ave. in Fair Oaks take the Tarshes Drive entrance; at the stop sign turn left on San Lorenzo and follow it to the nature center parking lot

on your right. For further directions see sacnaturecenter.net. A Sac County Park Pass or \$5 entry fee is required for all vehicles. This trip will end around noon.